

Dump Prayer Journal Printables



DUMP PRAYER JOURNALING by Queen Malla



1. Thank you for this moment and...



2. I am worried/ angry /ashamed about...

The truth is...

In need...

I shouldn't have done...

I give this to You.



3. In the Bible I read...

It made me think...

The best next step is...

I can end here. You are with me. Amen.



1. What happened?

2. How did it make me feel?

3. Why does this move me?

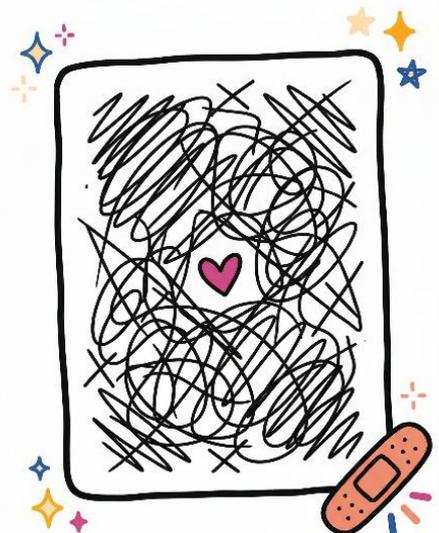
What am I really scared of?

What am I avoiding?

What do I need right now?



I GIVE YOU
MY WORRIES



UGLY PAGES =
HEALING PAGES

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